



Gym or Home

Stay Active From Anywhere in the New Year



11,000+ STANDARD FITNESS CENTERS
for just \$25 a month
and/or



4,500+ PREMIUM EXERCISE STUDIOS
with 20% - 70% discounts on most

PLUS



5,500+ DIGITAL WORKOUT VIDEOS



ENROLL YOUR SPOUSE**



NO LONG-TERM CONTRACTS



\$25 Enrollment Fee Waived January – February

for standard fitness centers only.

Use promo code **NEWYEAR2022** at checkout.

Enroll Now: <http://mycigna.com> > Wellness > Exercise

11,000+ Standard Fitness Centers, including:



4,500+ Premium Exercise Studios, including:



* Plus an enrollment fee and applicable taxes. Fees may vary based on fitness center selection.

**Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

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